



# The Soul Map™

Your Life's Purpose & Plan - Hidden In Plain Sight

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## The Top 10 Secret Soul Stoppers & How To Stop Them From Stopping You

When asked, 9 out of 10 people will tell you they're here for a reason, a purpose. A little less than half of those people will also tell you they've got a pretty good idea what that purpose is, and what their next steps are.

*But survey after survey reveals that less than 10% are taking those next steps.*

### ***Why?***

Can a Soul really be stopped? Well, no. BUT our ability to live in successful partnership with our soul's purpose and plan sure as heck-fire can be - especially in business.

This Audio Seminar (complete with this Highlights Guide) details the Top 10 ways purposeful momentum's hijacked *AND the 10 simple practices that'll stop them from stopping you.*



# Top 10 Soul-Stopping Secrets Revealed

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## Curiosity



**STOPPER:** Squelching / Dismissing Curiosity

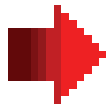
Notes:

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## No *(Elemental Pair #1)*



**STOPPER:** Not Be Able To Source, Say or Stand For Your **No**

Notes:

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## Yes *(Elemental Pair #1)*



**STOPPER:** Get Attached to Your **Yes** *(or Think Its Once & You're Done)*

Notes:

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# Top 10 Soul-Stopping Secrets Revealed

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## **Slow** *(Elemental Pair #2)*



**STOPPER:** Let Guilt Get The Best Of You

Notes:

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## **Fast** *(Elemental Pair #2)*



**STOPPER:** Stuck On Fast Forward

Notes:

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## **Aversion / Repulsion** *(Elemental Pair #3)*



**STOPPER:** Out Of Touch With Your Body ('Head on a Stick' Syndrome)

Notes:

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# Top 10 Soul-Stopping Secrets Revealed

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## **Attraction / Love** *(Elemental Pair #3)*



**STOPPER:** Unquestioned / Unexplored Attraction - Not Following Your Heart

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## **Wounds & Weaknesses** *(Elemental Pair #4)*



**STOPPER:** Ignore / Push 'Em Away (bye-bye purposeful power!)

Notes:

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## **Strengths & Instincts** *(Elemental Pair #4)*



**STOPPER:** Only Do What You're Good At (aka - go against your own grain)

Notes:

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# Top 10 Soul-Stopping Secrets Revealed

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## **Sacred Codes of Honor (your spiritual DNA)**

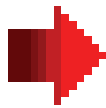
**STOPPER:** Live By The Codes Of Your Culture, Not By Your Own.

Notes:

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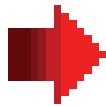
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## **BONUS POINTS**

- None 'made it' without help/mentoring/coaching/support
- *Live/See Your Life Itself As Your Greatest Teacher - like a living laboratory*
- See yourself as both experiment and experimenter – created & creator
- Partners with something bigger than themselves as well as agents for that something bigger
- Devoted & Dedicated to that bigger something / what matters most
- Harvest from adversity by learning to create good from 'bad' (this is the art of a purposeful life - creating value)
- Stay in-touch with sense of right life/right direction by living these practices daily



***P.S. Don't Miss The Recommended Resources On The Next Page!***



# Top 10 Soul-Stopping Secrets Revealed

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## Recommended Reading

[The Power of a Positive No](#) by Dr. William Ury

[In Praise of Slow](#) by Carl Honoré

[Now, Discover Your Strengths](#) by Marcus Buckingham & Donald Clifton

[Power by Instinct: 5 Rules for Trusting Your Gut](#) by Kathy Kolbe

[Success Built To Last](#) by Porros, Emery & Thompson

[A Whole New Mind](#) by Daniel Pink

[Drive](#) by Daniel Pink

[Poke The Box](#) by Seth Godin

[Evil Plans](#) by Hugh MacLeod

[The Female Vision](#) by Sally Helgesen & Julie Johnson

[The Translucent Revolution](#) by Arjuna Ardagh

[The Cultural Creatives](#) by Ray & Andersen

[The Secret of the Shadow](#) by Debbie Ford

[Loving What Is](#) by Byron Katie



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[www.TheSoulMap.com](http://www.TheSoulMap.com)